

Why You Must Forgive To Be Free

The Sermon on the Mount Season 2

Core Message: Rabbi Schneider explains that we are in a spiritual battle and many of us are not aware how evil is affecting our lives. Jesus said after you honor the Father, praying for His kingdom to come, give Him your needs. We can partner with God and be transparent with Him about everything Jesus teaches us to pray for forgiveness, freedom, and deliverance from evil. Unforgiveness can keep us trapped in darkness, pain, accusation, and spiritual bondage, even when we may not realize that it's still in our hearts. As we look at Yeshua's example on the cross, we learn to release those who have wounded us and come into agreement with His Spirit of mercy. Forgiveness does not mean ignoring harm or removing healthy boundaries, but it does mean refusing to remain chained to bitterness. As believers, we are called to pray daily for the Father to cleanse our minds, deliver us from evil, and fill us with His light, freedom, and love.

Main Bible Verses (NASB):

- **Core Memory Verse: (Matthew 6:12–13)** “And forgive us our debts, as we also have forgiven our debtors. And do not lead us into temptation but deliver us from evil.”
- **(Luke 23:34)** “But Jesus was saying, ‘Father, forgive them; for they do not know what they are doing.’ And they cast lots, dividing His garments among themselves.”
- **(John 8:34)** “Jesus answered them, ‘Truly, truly, I say to you, everyone who commits sin is the slave of sin.’”
- **(John 12:47)** If anyone hears My sayings and does not keep them, I do not judge him; for I did not come to judge the world, but to save the world
- **(Matthew 6:14–15)** “For if you forgive other people for their offenses, your heavenly Father will also forgive you. But if you do not forgive other people, then your Father will not forgive your offenses.”

Key Points (Fill-in-the-Blank):

- “Do you want to be _____? You have to forgive.”
 - “When we hold ill will over somebody, when we hold unforgiveness towards somebody, what we're actually doing is we're agreeing with _____ about accusation towards that person.”
 - “It doesn't mean that we need to stay in relationship with these people. It doesn't mean that we shouldn't have _____.”
 - " Take your _____ off the one that hurt you and look at Jesus.”
 - “We need to pray daily to the Father, ‘Lord, deliver me from _____.’”
 - " When we can't _____ we're trapped in evil."
 - “We want to be _____ from false perceptions of reality.”
 - " Satan has no _____ in light of God's glory."
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Notes:

(Use lines below for personal notes)

Reflection Questions:

1. Is there anyone in your life whom the Holy Spirit may be asking you to forgive or release?

2. How does looking at Jesus on the cross help you move from accusation toward forgiveness?

3. In what ways might fear, worry, bitterness, or false perceptions be affecting your spiritual freedom?

4. How can praying “Father, deliver me from evil” become a daily part of your walk with God?

Application Challenge of the Week:

Each day this week, ask the Holy Spirit to reveal any unforgiveness in your heart. Then pray out loud, “Father, I release this person to You, and I choose to come into agreement with the forgiveness of Jesus.” (Or come up with your own as the Lord leads):

Prayer Prompts:

- Father, show me anyone I still need to forgive.
- Jesus, help me keep my eyes fixed on Your mercy and not on my wounds.
- Lord, deliver me from evil, cleanse my mind, and fill me with Your light.

“The Lord bless you, and keep you; the Lord cause His face to shine on you, and be gracious to you. The Lord lift up His face to you, and give you peace.” Numbers 6:22-27
(NASB 95’)