

Jesus' Method for Effective Prayer

The Sermon on the Mount Season 2

Core Message: The Spiritual dimension of reality, the reality of creation does not revolve around us we are not the center of it the Father is. Prayer begins by honoring the Father's holiness and placing Him—not our personal needs—at the center. Effective prayer surrenders every situation to God's kingdom and will before presenting specific needs. Jesus teaches believers to pray privately and authentically to the Father rather than relying on public performance or meaningless repetition. God hears sincere prayer, even when He feels distant and the answer seems delayed. Recognizing His ways are higher than our ways saying what Jesus said, "Father, may your kingdom come and may Your will be done. Believers can pray with confidence, patience, honesty, and trust that the Father hears even their weakest prayer.

Main Bible Verses (NASB):

- **Core Memory Verse: (John 14:6)** "Jesus said to him, 'I am the way, and the truth, and the life; no one comes to the Father but through Me.'"
- **(Matthew 6:6)** "But you, when you pray, go into your inner room, close your door and pray to your Father who is in secret, and your Father who sees what is done in secret will reward you."
- **(Matthew 6:9–10)** " Pray, then, in this way: 'Our Father who is in heaven, Hallowed be Your name. Your kingdom come. Your will be done, on earth as it is in heaven.'"
- **(1 John 5:14–15)** "This is the confidence which we have before Him, that, if we ask anything according to His will, He hears us. And if we know that He hears us in whatever we ask, we know that we have the requests which we have asked from Him"
- **(Isaiah 55:9)** " For as the heavens are higher than the earth, so are My ways higher than your ways and My thoughts than your thoughts."

Key Points (Fill-in-the-Blank):

- “We pray to the _____ in _____ name.”
 - “The Father’s the _____.”
 - “We begin our prayers by _____ God.”
 - “We have to ask God’s _____ to come and His _____ to be done on earth as it is in heaven.”
 - “He hears even the softest _____ of every prayer of each and every one of his children.”
 - " The father _____ and responds."
 - " Jesus is the _____ to the destination."
 - " If we want to move mountains in prayer, we have to be in _____ lamb."
-

Notes:

(Use lines below for personal notes)

Reflection Questions:

1. When an answer to prayer seems delayed, what helps you continue trusting that the Father hears you?

2. Are your prayers normally directed to the Father, and how could Jesus' teaching change the way you approach Him?

3. Is there a situation in which you need to surrender your preferred outcome and sincerely pray for God's will to be done?

4. How can you make a conscious shift in the way you begin your prayers?

Application Challenge of the Week:

Each day this week, begin your prayer by addressing the Father, worshiping Him for who He is, and asking for His kingdom and will to be established before presenting your personal needs. (Or come up with your own as the Lord leads):

Prayer Prompts:

- Father, teach me to trust that You hear even my weakest prayer.
- Holy is Your name; help me make You the center of my prayers.
- Let Your kingdom come and Your will be done in every area of my life.

“The Lord bless you, and keep you; the Lord cause His face to shine on you, and be gracious to you. The Lord lift up His face to you, and give you peace.” Numbers 6:22-27
(NASB 95’)