

I Was on the Brink of Insanity - How I Got Out and How You Can Too

Core Message: This episode shares Rabbi Schneider's powerful personal testimony of deliverance from mental torment and spiritual darkness into the light of Jesus. Through supernatural encounters and a journey of intentional discipleship, Rabbi emphasizes how Jesus delivers us from darkness and gradually transforms us into new creations. He encourages viewers to actively pursue freedom by renewing the mind, cooperating with God, and resisting spiritual darkness. The central truth is that complete freedom is possible in Christ, but it requires our persistent engagement and spiritual warfare.

Main Bible Verses (NASB):

- **Core Memory Verse: (1 Peter 2:9) "But you are a chosen people, a royal priesthood, a holy nation, a people for God's own possession, so that you may proclaim the excellencies of Him who has called you out of darkness into His marvelous light."**
 - (Philippians 2:12) "So then, my beloved, just as you have always obeyed, not as in my presence only, but now much more in my absence, work out your own salvation with fear and trembling."
 - (John 8:32) "And you will know the truth, and the truth will set you free."
 - (John 8:36) "So if the Son sets you free, you really will be free."
 - (John 14:26) "But the Helper, the Holy Spirit whom the Father will send in My name, He will teach you all things and remind you of all that I said to you."
-

Key Points (Fill-in-the-Blank):

- "Jesus wants to put a _____ in you right now, to bring you further out of that darkness."
- "Thoughts are projection of _____."
- "You were completely trapped, living under the darkness, but I am now _____ out, through that darkness, a way into the light."
- "We have to _____ our mind. We have to take authority over what we're thinking."
- "Seize God's _____ and don't let anything else in."
- "We've been given the _____ of Christ."

- "When you get _____, then you'll be happy."

Notes:

(Use lines below for personal notes)

Reflection Questions:

1. What are some areas of darkness or fear in your life where you need Jesus to shine His light?

2. Have you experienced supernatural hope or encounters with God during times of struggle? What did you learn from those moments?

3. What practical steps can you take this week to seize God's Word and shut out spiritual darkness?

4. Write your prayer for deliverance naming the area for which you seek freedom.

Application Challenge of the Week:

Every morning this week, declare aloud a verse of freedom from the Bible, and ask the Holy Spirit to renew your mind. (Possible verses might be Galatians 5:1; 2 Corinthians 3:17; John 8:32; or come up with your own as the Lord leads)

Prayer Prompts:

- Thank God for calling you out of darkness into His marvelous light.
- Ask the Holy Spirit to reveal any lies you've believed and replace them with truth.
- Pray for strength to cooperate with God and press into greater freedom.

Resources	Where to find it
"Self-Deliverance" the book by Rabbi K.A. Schneider	https://store.discoveringthejewishjesus.com/products/self-deliverance-paperback

"The Lord bless you and keep you; the Lord cause His face to shine on you and be gracious to you. The Lord lift up His face to you and give you peace." Numbers 6:22-27 (NASB 95')