

Breaking off Demonic Chains: How to Combat Oppression



Scripture

- **Mark 1:23**

Just then there was a man in their synagogue with an unclean spirit; and he cried out, saying, "What business do You have with us, Jesus of Nazareth? Have You come to destroy us? I know who You are: the Holy One of God!" And Jesus rebuked him, saying, "Be quiet, and come out of him!"

- **Ephesians 6:12 (KJV)**

For we do not wrestle against flesh and blood, but against principalities, against powers, against the rulers of the darkness of this age, against spiritual hosts of wickedness in the heavenly places.

- **Matthew 8:16**

When evening came, they brought to Him many who were demon-possessed; and He cast out the spirits with a word.

- **Luke 4:13**

Jesus, full of the Holy Spirit, returned from the Jordan and was led around by the Spirit in the wilderness for forty days, being tempted by the devil. When the devil had finished every temptation, he left Him until an opportune time.

Other Scriptures

- Romans 16:20
- Revelation 12:10; Chapters 2 and 3
- John 10:10

Main Points

- Three Steps to Closing the Door:
 - Confession
 - Demons run when exposed to the light.

- Repentance
 - One of the ways Satan brings us into bondage is through gluttony.
 - Your body does not belong to you.
- Reject the lies and Declare the truth.
- Two Means of Deliverance
 - **Power Encounter**
 - -Peace brings power.
 - Command to leave and release the person.
 - **Truth Encounters** involve recognizing the lies we are believing about ourselves.
 - Demons don't just leave when asked; you have to come against them in the Holy Spirit.
 - I reject you Satan, get out of my head!
 - Speak truth to the lie.
- Be aware the demons will sometimes try to return. Keep your armor on!

Questions

1. The three steps Rabbi outlined to combatting oppression by demonic influence are to confess, repent and declare truth. Can you think of an area in your life in which to practice these steps? Write out the area of sin by name, agree with God's assessment of that area, and then specific scripture that applies. Spend some real time doing this and make this a historic, memorable moment.
2. Use the Scripture you have recorded to command the demonic entity and bring light and truth to the area of sin with which you struggle. Do you think you may need to do this more than once? Why or why not?
3. Begin to journal observations and continue to work on this area and others the Holy Spirit brings to light in your heart. Use your journal as the seed of your prayers and worship. Truth sets free.
4. What are some signs your thoughts are not your own but from the enemy?
5. What have you learned in these lessons?