

Authentic Prayer:

Entering Into Authentic Prayer



Rabbi Schneider-Shaliach-a Jewish Messenger of Jesus. Sent one!

Scripture

- **John 11:41,43**
11...Jesus raised His eyes, and said, “Father, I thank You that You have heard Me.” I knew that You always hear Me; but because of the people standing around I said it, so that they may believe that You sent Me.”
13...He cried out with a loud voice, “Lazarus, come forth.”
- **Psalms 51:1-2**
Be gracious to me, O God, according to Your lovingkindness; According to the greatness of Your compassion blot out my transgressions. Wash me thoroughly from my iniquity and cleanse me from my sin. For I know my transgressions, and my sin is ever before me.
- **Ephesians 2:8**
...by grace, you have been saved...
- **I Timothy 1:15**
It is a trustworthy statement...that Christ Jesus came into the world to save sinners...
- **Leviticus 17:11**
For the life of the flesh is in the blood, and I have given it to you on the altar to make atonement for your souls; for it is the blood by reason of the life that makes atonement.
- **Ephesians 1:3**
...who has blessed us with every spiritual blessing in the heavenly places in Christ.

Other Scriptures

- John 11:41-42
- Isaiah 65:24
- Mark 11:24
- Ephesians 1:6
- I Timothy 1:15
- Acts 4:12

Main Points

- Authentic Prayer involves a continual internal communication with the Spirit.
- The Hebrew word Kavanah means intention or direction of the heart.
- Prayer is reaching out to God.
- Authentic Prayer begins with believing God exists.
- Authentic Prayer believes that God will answer us.
- Authentic Prayer does not have to be out loud.
- God hears even the most subtle movement of your soul.
- He already hears you.
- Grace is God's love extended to us.
- Through Jesus' blood, your sins are forgiven!
- Through the blood of Jesus, your karma is broken.

Discussion Questions

1. Why does knowing how to pray have little to do with authentic prayer?
2. Is internal dialogue, not stated out loud with one's lip, real prayer? How so?
3. What is the simplest definition of prayer? How does authentic prayer demonstrate faith?
4. Communion means He hears and answers before you actually speak a word. How does this impact you as you think of the deep spiritual connection you have with Him? Do you have an internal dialogue with Him or is silence more the rule?
5. What is the answer to energizing or restoring this communion—this dialogue?
6. Consider King David. What were his sins and what was the key to his reconnection with God? Likewise, how does repentance fit into our prayers?
7. Which is greater? Karma or the blood of Jesus. Write about what this really means to us?
8. What principle from today's lesson speaks most to you and your communion with the Father? Why not speak with Him right now about this.