

# *Authentic Prayer: Cleansing From Within*

*Rabbi Schneider-Shaliach-a Jewish Messenger of Jesus. Sent one!*

DISCOVERING  
THE JEWISH  
JESUS  
לגלות את ישוע היהודי

## Scripture

- **Psalm 51:1-3, 612**

Be gracious to me, O God, according to Your lovingkindness; According to the greatness of Your compassion blot out my transgressions. <sup>2</sup> Wash me thoroughly from my iniquity And cleanse me from my sin. <sup>3</sup>For I know my wrongdoings, and my sin is constantly before me.<sup>4</sup>Against You, You only, I have sinned...

<sup>6</sup>Behold, You desire truth in the innermost being, and in the hidden part You will make me know wisdom. Purify me with hyssop, and I shall be clean; Wash me, and I shall be whiter than snow. Make me to hear joy and gladness, let the bones which You have broken rejoice. Create in me a clean heart, O God, and renew a steadfast spirit within me. Cast me not away from Your presence O Lord. Take not your Holy Spirit from me. Restore unto me the joy of my salvation and renew a willing spirit within me.

- **Psalm 46:10 (KJV)**

Be still, and know that I am God...

- **Ephesians 1:18**

I pray that the eyes of your heart may be enlightened, so that you will know...the riches of the glory of His inheritance in the saints.

## Other Scriptures

- Matthew 22:41-44
- Psalm 110:1
- Genesis 3:8
- Colossians 1:27
- John 4:14
- Matthew 16:24-25
- Philippians 3:14
- Psalm 19:14
- Romans 7:19-20
- Revelation 2:7
- Philippians 1:6
- Titus 3:5

## Main Points

- God wants to draw us into our innermost being.
- Authentic prayer:
  - Brings our most hidden parts to God.
  - Asks God to cleanse us from within.
  - Examines ourselves and our daily desires.
- Fasting has to do with disconnecting with those things that the outer man is connected to.
- God wants to bring us into a place of knowing.
- True joy is in the innermost being and it is connected with being clean on the inside.

## Discussion Questions

1. Describe the inner dimension of our prayers to God as opposed to a list presentation. Is this different than you are experiencing? Write about this.
2. Why is disconnecting from the world around us necessary to go deep with Him?
3. In David's prayer in Psalm 51 what did David ask God to do **in** Him?
4. Where does true joy emanate from and to what is it connected?
5. What will you bring to God today in prayer that you would want to see continue on in your prayer life? Begin today to talk to Him authentically.