

Psalm 103 Season 1

Controlling Your Soul



Scripture

- **Psalm 103:1-7**

A Psalm of David. Bless the LORD, O my soul, and all that is within me, bless His holy name. Bless the Lord, O my soul, and forget none of His benefits. Who pardons all your iniquities, who heals all your diseases? Who redeems your life from the pit, Who crowns you with lovingkindness and compassion, Who satisfies your years with good things, so that your youth is renewed like the eagle; The LORD performs righteous deeds and judgements for all who are oppressed. He made known His ways to Moses, His acts to the sons of Israel.

- **John 2:10**

“...Every man serves the good wine first, and when the people have drunk freely, then he serves the poorer wine; but you have kept the good wine until now.”

Other Scriptures

- Revelation 22:16
- Philippians 4:13
- Luke 17: 11-19
- 2 Corinthians 4:16
- Hebrews 11:6
- John 1:11
- Luke 10:16
- John 16:2
- Daniel 17:3
- Matthew 27:37
- Revelation 5:5
- 2 Timothy 2:12

Psalm 103 Season 1:
Do You Need an Attitude Realignment?



Main Points

- Jesus is more closely identified with David than any other Biblical character.
- King David in Hebrew is Hamelech David.
- We should respond to God's gifts by being thankful.
- If you want more of God's goodness to be realized in your life, thank Him for what He has already done.
- If you are really going after God in spirit and in truth, your inner man is being renewed.
- God's Sacred Name in Hebrew is YHWH
- God is still doing the same things today for His children.
- God wants to continue to make Himself known to you.

Questions

1. What things about David help you to appreciate God's identification with him?
2. What is a normal and natural response to God's goodness in our lives?
3. Why did Rabbi refer to ingratitude and bitterness as a trap? How does one get set free from this trap?
4. What are the good things God has done in your life? Are there pleasures you have experienced from God's hand over your life? Name some...
5. What does it mean that our youth is renewed like the eagle's? What "truth" are you listening to today, how you feel or God's Word to us? How can you restore and control your soul?