Fasting for the Kingdom of God: Culture of the Kingdom



Scriptures

• Luke 4:1,13b-14a

¹Jesus, full of the Holy Spirit, returned from the Jordan and was led around by the Spirit in the wilderness for forty days, being tempted by the devil. And He ate nothing during those days,

¹³When the devil had finished every temptation, he left Him until an opportune time.

¹⁴ And Jesus returned to Galilee in the power of the Spirit...

Other Scriptures

- Luke 4:14
- Matthew 17:21
- Galatians 5:17
- Galatians 6:8
- Matthew 6:16-18
- I Timothy 4:8

Main Points

- Heaven is a completely spiritual place, and yet there is a physical element to it.
- A table in scripture represents provision and the bounty of the Lord.
- When you deny yourself the natural, you'll receive more of the supernatural.
- Jesus began His ministry with fasting.
- Everything that happens in the natural world is a shadow of what happens in the supernatural world.
- When we resist the natural and cling to the Spirit, we get strengthened in the Spirit.
- If we walk through life yielding to the flesh without disciplining it, our spirit man will be suppressed under the power of the flesh.
- If we discipline the flesh and feed the spirit man, we will walk in greater power and a greater dimension of the supernatural.

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Discussion Questions

1.	What was your initial thinking when you first heard of the concept of fasting? Has that changed as you listened to Rabbi Schneider? What was a key thought in that transformation that made change possible?
2.	Rabbi is encouraging you that if you resist the power of the flesh in hunger something will happen to your spirit. What is that thing that will happen to your spirit? What did he liken it to in the physical world of training?
3.	What are your personal desires with the Father? Think spiritually Can you see benefit coming from fasting? Write about this here.
4.	What are your current fears concerning fasting. List them here and watch for how God may answer them through Rabbi's teaching.