Overcoming Temptation

Scriptures

- Matthew 3:1

Now in those days John the Baptist came, preaching in the wilderness of Judea, saying, “Repent for the kingdom of heaven is at hand.”

- Matthew 4:1-11

Then Jesus was led up by the Spirit into the wilderness to be tempted by the devil. And after He had fasted forty days and forty nights, He then became hungry. And the tempter came and said to Him, “If You are the Son of God, command that these stones become bread.”

But He answered and said, “It is written, ‘Man shall not live on bread alone, but on every word that proceeds out of the mouth of God.’”

Then the devil took Him into the holy city and had Him stand on the pinnacle of the temple, and said to Him, “If You are the Son of God, command His angels concerning You; and ‘On their hands they will bear You up, so that You will not strike Your foot against a stone.’”

Jesus said to him, “On the other hand, it is written, ‘You shall not put the Lord your God to the test.’”

Again, the devil took Him to a very high mountain and showed Him all the kingdoms of the world and their glory; and he said to Him, “All these things I will give You, if You fall down and worship me.”

Then Jesus said to him, “Go, Satan! For it is written, ‘You shall worship the Lord your God, and serve Him only.’”

Then the devil left Him; and behold, angels came and began to minister to Him.

- John 5:9

“Truly, truly, I say to you, the Son can do nothing of Himself, unless it is something He sees the Father doing…”

Other Scriptures

- Matthew 3:16-17
- Rev. 5:10
- Luke 12:15
- I John 1:9
- I Peter 5:8
- 2 Timothy 4:7-8
Main Points

- Sometimes Father will bring us into difficult seasons in our life for a purpose.
- It was the Spirit of the Lord that led Jesus into the wilderness to be tempted.
- Jesus was able to resist the devil because He knew who He was.
- Temptations:
  - Doubting your identity.
  - When we do not know who we are, we fall into temptation.
- Temptations:
  - Being presumptious
  - Make sure you are stepping out on faith, and not presumption.
- Temptations:
  - Fame, riches, and glory
  - Repentance may be needed if compromise has been present.
- We will have to fight the world, the flesh, and the devil for the rest of our lives.
- Satan tried to gain entrance in our lives when we are weak.
- Shalom in Hebrew means peace in English. His peace will keep you.

Discussion Questions

1. What are your greatest areas of temptation? What are your greatest areas of shame? The Father wants you to repent from areas of compromise with the world, the flesh, and the devil. Take this moment to let Him know where you are in your heart. Embrace His forgiveness.

2. Knowing who you are in the Father is critical for not falling to temptation. The Scriptural knowledge of who you are is important, as well as the emotional confidence of this. Are there some areas where a weakness exists in your walls—areas that the enemy can batter and hope to come in? Write about those. Ask Him to shore up your foundations and strengthen you.

3. Are there areas in which you might have presumed upon God? Ask Him to reveal anything that He might wish to reveal. Write your thoughts about these.

4. Does knowing that even Jesus went through temptation help you? How does this help you in identifying with Him in your own? Does His example help you fight your own donation?