Self Deliverance: The Invisible Enemy

Scripture

- **Mark 1:39**
  
  And He went into their synagogues throughout all Galilee, preaching and casting out the demons.

- **John 9:1-2**
  
  As He passed by, He saw a man blind from birth. And His disciples asked Him, “Rabbi, who sinned, this man or his parents…”

- **Exodus 20:5**
  
  You shall not worship them or serve them; for I, the Lord your God, am a jealous God, visiting the iniquity of the fathers on the children, on the third and fourth generations of those who hate Me.

Other Scriptures

- Mark 5:9
- I John 2:14
- Matt. 12:45

Main Points

- A third of Jesus’ ministry involved setting people free from demons.
- Demons are personal beings.
  - Not a general evil.
  - They have an intelligence to do harm.
- Thoughts emanate from the spirit world.
- Demons seek to project their thoughts into our minds and into our hearts.
- The agenda of evil is to bring you down.
- The most common entry point for demons is through generational curses.
• Demons can gain entrance into our lives because they have been in our families and they are passed on from one generation to the next.
• The second entry point for demons is through our own sin.
• Demons can gain legal access to our lives when we sin.
• Walking in the fear of the Lord keeps entry points for demons shut.
• As you practice self-deliverance you’re going to get stronger and walk in greater freedom!

**Discussion Questions**

1. Do a self-inventory of the types of spiritual struggles you face. Can you find a pattern that would indicate a generational curse might be at work? In Jesus’ name, break that chain through forgiveness and asking God to help you.

2. What are some current prevailing sins in your life that you initiate? Since these are gateways to the spirit world, ask God’s Holy Spirit to close those doors right now and break the chains of demonic influence.

3. Let’s examine the area of thoughts. Do you find thought patterns that instead of helping you find strength in the Lord, they bring vulnerability and weakness? Thoughts are the front lines of the attack of the enemy. Deal with these immediately when they come. Confront them with God’s truth. Utilize your shield of faith and the belt of truth. In Jesus’ name, be freed from these fiery darts.