



Scriptures

- **Psalm 23**

The LORD is my shepherd, I shall not want.

² He makes me lie down in green pastures;

He leads me beside quiet waters.

³ He restores my soul;

He guides me in the paths of righteousness

For His name's sake. ⁴ Even though I walk through the valley of the shadow of death,

I fear no evil, for You are with me;

Your rod and Your staff, they comfort me.

⁵ You prepare a table before me in the presence of my enemies;

You have anointed my head with oil;

My cup overflows.

⁶ Surely goodness and lovingkindness will follow me all the days of my life,

And I will dwell in the house of the LORD forever.

Other Scriptures

- **Matt. 6:33**
- **Luke 4:14-30**
- **Isa. 61:1**
- **Isa. 28:16**
- **Joel 2:32**
- **Isa. 53:5**
- **Eph. 1:5-6**
- **I Peter 1:5-6**
- **Phil. 1:6**
- **Romans 9:18**
- **Romans 11:36**
- **Rev. 21:8**
- **Isa. 8:12**
- **Matt. 8:26; Mark 4:40**
- **Job 1:9-11**
- **2 Tim. 1:7**
- **Matt. 8:23-27; Mark 4:35-41; Luke 8:22-25**
- **I John 4:4**

Main Points

- The Lord wants us to have confidence in Him, knowing that He will supply all our needs.
- Is there a part of your soul that needs to be restored?



- Jesus can heal those who look to him.
- It doesn't matter what you've been through, it doesn't matter who you are, He is your answer and He restores your soul.
- God has a purpose for your life and it will be completed.
- When Israel trusted God only for protection, they were victorious.
- God is challenging you to trust Him to protect you.
 - God wants you to chase the devil, not run in fear from him.
- God tells us over 100 times in the Bible not to fear.
 - Confess, "I shall fear no evil.
 - Confess, "I will not be afraid, I will trust in the Lord and I will not be afraid!"
- Being afraid is breaking fellowship with God.
 - Fear is believing Satan's lies.
 - Fear dishonors God.
- Living a life a fear is not acceptable. We can be a David in spirit.
- We have to declare war on fear.
- It is not God's will for us to live in fear.

Discussion Questions

1. Consider what parts of your soul may need restoring. Begin asking God to restore your soul in those significant areas. As you find Scripture that relates to those particular areas, write down and commit to prayer those verses and instructions. Begin to build a library of truth that can't help you in moments when you may be attacked in those areas.

2. Can you imagine freedom from fear in your life? The stranglehold of fear is a chain that binds and handcuffs us from deep trust in Him. Though there may be real reasons for the roots of your fears, don't make excuses for those fears. Surrender them now to Him-- trust God's promises, not your feelings. The Spirit is life and freedom as you build your knowledge of your God, not your fears.

3. As you experience His healing and deliverance, why not write a word of testimony that you can send Discovering The Jewish Jesus Ministries? We love to hear what God is doing in the lives of our viewers. Use the link on the website or send them to Box 777 Blissfield, MI 49228.