

Song of Songs

Journeying into Divine Love

Season 2 Part 10 Song of Songs 4:6-7



Scriptures

- **Song of Songs 4:6-7:**

⁶“Until the cool of the day
When the shadows flee away,
I will go my way to the mountain of myrrh
And to the hill of frankincense.

⁷“You are altogether beautiful, my darling,
And there is no blemish in you.

- **Revelation 21:9:** Then one of the seven angels who had the seven bowls full of the seven last plagues came and spoke with me, saying, “Come here, I will show you the bride, the wife of the Lamb.”
- **Ephesians 5:29:** for no one ever hated his own flesh, but nourishes and cherishes it, just as Christ also does the church...
- **Romans 8:13:** for if you are living according to the flesh, you must die; but if by the Spirit you are putting to death the deeds of the body, you will live.

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Main Points

- Review
 - In the first five verses of chapter 4, the King praises the Bride for many of her physical attributes, which all have a spiritual meaning and application. He covered her with affirmation and cherishing words.
 - Jesus feels the same way about us! He lavishes us with praise in the same way. This is a new revelation for much of the church, but if we enter into it, we will have greater intimacy and know Jesus' love in a new way.
- The Bride, after coming through a season of discipline for not obeying the King and following Him up the mountain, now determines to follow Him wholeheartedly. She will obey, even though it is challenging and uncomfortable, even though it will be difficult.
- The reference to the “cool of the day” and the “until the shadows flee away” help us understand the Bride’s total commitment. She would follow the King until there was no darkness, only light, and until she reached the “cool of the day,” or until she found the place that all humans were made to be with God, like Adam and Even in the garden.
- Even though all of us are called to go through “the Way” to Father God, we each have a separate journey that is unique. It does not matter what other people are doing or experiencing, Jesus has a personal way for each of us with Him and to Him.
- Myrrh smelled nice, but had a bitter taste. The Bride knew that her journey up the mountain would be sweet to the King, but it would result in the (bitter) death of her flesh. She would go all the way with the King, but it would require the death of her flesh!
- Frankincense represents prayer. This new devotion of the Bride was also expressed in a deeper prayer/communication with the King. Prayer is critical as you go up the mountain and meet life’s challenges.
- The Kings response is so powerful to the Bride’s surrender. He responds by calling her “altogether beautiful!” He calls her beautiful 13 times in the song, but this is the first time he says “altogether.”

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Discussion Questions

1. Discuss a time with the group when you felt extremely affirmed and cherished. How did that influence your relationship with the person expressing the affirmation?
2. Have you ever received affirmation from Jesus?
As a continuation of the prayer dialogue with Him, ask for the words of affirmation the King gives to the Bride in Song of Songs 4, to become living and activated in your own life. This week spend time declaring them about yourself and reflecting on their meaning.
3. What is the Bride's response to the affirmation as she comes out of a season of discipline?
4. Discuss why the mountain is referred to as the "the mountain of myrrh and the hill of frankincense."
 - a. The Bride realized that it would take something to follow Jesus all the way. Discuss.
 - b. Who do you talk to most in life?
5. Continue the prayer dialogue with Jesus. Ask Him for the confidence and grace to completely abandon your life to Him and ask Him for a new level communion as you face the challenges He is leading you into.