

# *The Prayer Life of Jesus: Into Thy Hands*



## **Scriptures**

- Matthew 26: 39, 46

<sup>39</sup>And He went a little beyond them, and fell on His face and prayed, saying, “My Father, if it is possible, let this cup pass from Me; yet not as I will, but as You will.”

<sup>46</sup>And Jesus, crying out with a loud voice, “Father, INTO YOUR HANDS I COMMIT MY SPIRIT.” Having said this, He breathed His last.

## **Other Scriptures**

- John 6:63
- Luke 22:44
- 2 Cor. 5:21
- Matt. 16:24
- Hebrews 2:14
- John 13:3
- I John 5:13

## **Main Points**

- One way we fix our eyes on the Spirit is by fixing our eyes on the Word of God.
- The Spirit of God inhabits those who know Him and love Him.
- On the cross, Jesus took our sickness and our sin and died in our place.
- We need to practice bending our knee and saying “no” to ourselves and “yes” to God.
- The cross represents dying to oneself and doing the Father’s will.
- Death represents the fear of the unknown.
- Death represents the fear of being out of control.
- God wants us to know that when we leave this world, we are going to go be with Him.

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## **Discussion Questions**

1. How do we as believers fix our eyes on the Spirit of God?  
How important is it that we earnestly examine the Word of God and ask God to teach us?
  
2. What area or areas did God pinpoint for you that you need to repent, submit, and bend your knee to God in obedience to His Word and leading? Finish this statement: "Today I am saying no to \_\_\_\_\_ and yes to God." Do this for each area you sense God's Spirit bringing to light.
  
3. Did Rabbi's words about the fear of death stir up constructs of control that you are protecting in your life? Lay down on His alter today as a living sacrifice and ask Him to help you have confidence in His Word and peace and assurance about the experience of death. Write out your thoughts and feelings about this subject and begin to look for God's ministry to you through the Word.