



### Scriptures

- **Psalm 51:1**

<sup>1</sup>Be gracious to me, O God, according to Your loving-kindness;  
According to the greatness of Your compassion blot out my transgressions.  
<sup>2</sup>Wash me thoroughly from my iniquity  
And cleanse me from my sin.  
<sup>3</sup>For I know my transgressions,  
And my sin is ever before me.  
<sup>4</sup>Against You, You only, I have sinned  
And done what is evil in Your sight,  
So that You are justified when You speak  
And blameless when You judge. <sup>5</sup>Behold, I was brought forth in iniquity,  
And in sin my mother conceived me.  
<sup>6</sup>Behold, You desire truth in the innermost being,  
And in the hidden part You will make me know wisdom.  
<sup>7</sup>Purify me with hyssop, and I shall be clean;  
Wash me, and I shall be whiter than snow.  
<sup>8</sup>Make me to hear joy and gladness,  
Let the bones which You have broken rejoice.  
<sup>9</sup>Hide Your face from my sins  
And blot out all my iniquities. <sup>10</sup>Create in me a clean heart, O God,  
And renew a steadfast spirit within me.

### Other Scriptures

- I John 5: 14
- John 6:63
- Isa. 6:5-7
- I Sam. 13:14
- Rev. 22:16
- Isa. 6:5-7
- Matt. 15:17-20
- 2 Cor. 5:17
- \* Psalm 26:2
- \* Luke 6:45
- \* Psalm 24:3-4
- \* Heb. 4:12
- \* Matthew 12:36
- \* Proverbs 18:21
- \* Titus 3:5



### Main Points

- When our prayers line up with scripture, we can be confident that we are praying according to God's will.
- One of the deepest longings of our hearts should be restoration to innocence.
- We have been defiled by the words that we have spoken throughout our lives.
- In order to have restoration and joy, we need to be washed, cleansed, and transformed.
- We cannot walk with God unless we are walking in truth.
- If we are speaking words that defile us, then our religion means nothing.
- God knows our heart, and to walk with Him we need to be cleansed on the inside.
- We have been unaligned with God with the confessions of our mouth.
- Would you enter into a covenant with God right now, to watch your mouth and guard your heart?
- If we are going to run the race, we need to walk in such a way that our words line up with the Spirit of God.
  - Will you covenant with God, by His grace, to let no unwholesome words come from your mouth?
  - There will be a time of accounting for each word we have uttered.

### Discussion Questions

1. Choosing the words that we speak is a particularly important discipline, whether it is in the prayers that we speak or in how we speak with and to others. Consider your prayer time. How can you be confident that you have God's mind and truth and that your prayers will be answered?
2. Did you enter into a covenant with God today concerning your words? How will God's Holy Spirit be checking you as you speak? Is there a way that you can be intentional today about choosing words of life, over words of death?
3. Thank God that today can be a brand new day of restoration and joy for you. Begin with His washing and cleansing, and seek His transformation. Just ask Him and you will receive.