



### Scriptures

- **Song of Songs 7:1-9:**

“How beautiful are your feet in sandals,  
O prince’s daughter!  
The curves of your hips are like jewels,  
The work of the hands of an artist.

2 “Your navel is *like* a round goblet  
Which never lacks mixed wine;  
Your belly is like a heap of wheat  
Fenced about with lilies.

3 “Your two breasts are like two fawns,  
Twins of a gazelle.

4 “Your neck is like a tower of ivory,  
Your eyes *like* the pools in Heshbon  
By the gate of Bath-rabbim;  
Your nose is like the tower of Lebanon,  
Which faces toward Damascus.

5 “Your head crowns you like Carmel,  
And the flowing locks of your head are like purple threads;  
*The king is captivated by your tresses.*

6 “How beautiful and how delightful you are,  
*My love, with all your charms!*

7 “Your stature is like a palm tree,  
And your breasts are *like its* clusters.

8 “I said, ‘I will climb the palm tree,  
I will take hold of its fruit stalks.’  
Oh, may your breasts be like clusters of the vine,  
And the fragrance of your breath like apples,

9 And your mouth like the best wine!”

### Other Scriptures

- Hosea 3:1
- Revelation 3:20



### Main Points

- God wants us to receive and understand the revelation of how much Jesus loves and desires us.
- As the Bride of Messiah, we need to break off any spirits of self-rejection or self-condemnation which get in the way of fully receiving the love of God.
- Not only do we belong to God, but He wants intimacy with us.
- In order to move forward in relationship with Jesus, we must step out of the past. Old things pass away and all things become new in Yeshua.
- Jesus is knocking at the door of our heart, signifying the depth of relationship he wants with us.
- We should bless our physical bodies because God made them and His love for us touches even our bodies.

### Discussion Questions

1. Why are self-rejection and self-condemnation such a hindrance in our relationship with Jesus?
2. The Mikvah demonstrates old passing away and becoming a new creation. What other themes are illustrated within the Mikvah ceremony?
3. Our bodies are decaying, yet God desires them anyway. What reasons should we bless our bodies for?
4. If you are married or have had any type of romantic relationship, you have probably noticed marked growth throughout that relationship. Compare the growth in a marriage to the growth that you experience in Messiah. Are there any parallels?